Hamilton Outing Club 46 Peak Weekend **Emergency Procedures and Important Phone Numbers**

If someone gets hurt:

Stay calm. If the injury is minor, such as a shallow cut or sunburn, administer first aid and hike out. If you are unable to move the victim, TWO people should walk out to get help while the rest of the group stays to give first aid/comfort. Keep the victim warm and comfortable. If necessary, build a shelter and a fire. The victim should lie down on a sleeping pad and stay as still as possible to prevent further injury.

The pair who goes should take this sheet with them. Remember to walk, don't run; we don't need anymore accidents. When you reach a phone, call the State Police or Ranger and give them this information:

Your name...

Your location...

What the injury is...

Location of the victim...

Who is with the victim...

When the event took place...

Immediate Heln... Call this number first!

STAY ON THE LINE UNTIL THEY HANG UP!

EMERGENCY CALL NUMBERS

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NY State Police (police, ambulance, etc.)	(518) 897-2000
Forest Ranger (for rescue)	(518) 891-0235
Hamilton County Sheriff	(518) 548-3113
ADK Loj	(518) 523-3441

Hamilton College... Call Next!

(315) 859-4000 Campus Safety