

HAMILTON COLLEGE OUTDOOR RECORDS

WOMEN

100M	12.76	ROXANNE HOEK	4/15/03
100M HURDLES	16.27	JULIE ELMUCCIO	5/5/00
200M	26.71	TIFFANY CHAPPELL	4/27/96
400M	60.41	AMANDA CHASE	4/15/03
400M HURDLES	1:07.85	FULLER	5/6/88
800M	2:13.51	AMANDA CHASE	5/4/02
1500M	4:35.34	AMANDA CHASE	4/19/03
3000M	9:42.32	MAGGIE HANSON	5/26/00
3000M Steeplechase	11:03.54	JEN CAMMARANO	5/4/02
5000M	16:53.85	MAGGIE HANSON	5/27/00
10000M	35:31.88	MAGGIE HANSON	4/27/02
400M RELAY	50.98	REICHHART, MYRTH, SCURSSO, FREYRE	5/1/99
1600M RELAY	4:04.20	HOEK, CHASE, STROUD, DROPKIN-FRANK	4/12/03
3200M RELAY	9:29.11	HOPKINS, CAMMARANO HANSON, CHASE	5/4/01
DISTANCE MEDLEY	13:38.24	KOCH, NASTA, LEVIN, CUNNIFF	4/16/94
LONG JUMP	4.99m (16'4 ½)	JULIE ELMUCCIO	4/15/00
TRIPLE JUMP	10.96M (35' 11.5")	JULIE ELMUCCIO	4/14/01
SHOT	11.78m(38'8")	CHRIS CULVER	4/22/80
DISCUS	34.04m(111'8")	CHRIS CULVER	4/20/80
HAMMER	42.26m(138'8")	SHERRI HAMLETTE	4/25/99
HIGH JUMP	1.60m(5'3")	LISA EATON	5/5/90
JAVELIN (Old Rules)	40.78m(133'9")	GINA CAMPBELL	4/19/86
JAVELIN (New Rules)	30.99m (101'8")	LAURA BELDEN	3/27/04
POLE VAULT	2.60m (8'6")	EMILY CLINKHAMMER	4/15/03
HEPTATHLON	4024pts	KATE CLARK	4/29-30/00

UPDATED 4/01/04