

Hamilton College Indoor Track & Field Records - Men

<u>Event</u>	<u>Mark</u>	<u>Athlete</u>	<u>Place</u>	<u>Date</u>
45 Meters	5.5	Andy Wertz	@ Union	1/18/80
		Desmond Bailey	@ R.P.I.	1/25/92
		Eric Grey	@ R.P.I.	1/25/92
		Joe Woods	@ Union	1/18/97
		Waltnel Sosa	@ Union	1/16/99
50 Meters	6.25	Waltnel Sosa	@ Union	1/16/99
55 Meters	6.51	Ron Simmons	@ St. Lawrence	3/20/82
60 Meters	7.14	Jay Russell	@ Cornell	2/22/03
50 Meter Hurdles	7.0	Jason Tremlett	@ R.P.I.	1/25/92
55 Meter Hurdles	7.80	Tony Richardson	@ Fredonia	3/06/93
60 Meter Hurdles	8.58	Tony Richardson	@ Hamilton	2/12/93
200 Meters	22.45	Olamide Harrison	@ St. Lawrence	2/28/04
300 Meters	36.1	Andy Wertz	@ Hamilton	2/14/81
400 Meters	49.59	Olamide Harrison	@ St. Lawrence	2/28/04
500 Meters	1:06.70	Roy Sabo	@ Wheaton, MA	3/04/00
600 Meters	1:23.2	Dave McGowan	@ Hamilton	3/04/81
800 Meters	1:56.04	Chris Dunn	@ R.I.T.	2/26/05
1000 Meters	2:31.61	Sam Brown	@ Boston Univ.	3/03/01
1500 Meters	3:56.82	Andy Bartlett	@ Colgate	3/04/89
3000 Meters	8:39.82	Sean Delany	@ Hamilton	3/21/81
5000 Meters	15:23.4	Phil Sanderson	@ Colgate	3/02/90
800 Meter Relay	1:32.87	Olamide Harrison	@ R.I.T.	2/25/05
		Richard Schwam		
		Jay Russell		
		Chris Dunn		
		Richard Schwam	@ St. Lawrence	2/28/04
1600 Meter Relay	3:26.15	Olamide Harrison		
		Chris Dunn		
		Jesse Gaylord		
		Jim Rest	@ Hamilton	3/17/84
3200 Meter Relay	7:55.47	Ken Berkes		
		William Brower		
		Peter Tortolani		
		Sam Brown	@ Fredonia	2/25/00
Distance Medley Relay	10:25.8	Mike Thompson		
		Doug Zeyak		
		Scott Taylor		
		Waltnel Sosa	@ Union	1/16/99
Long Jump	7.11m	Waltnel Sosa	@ Union	1/16/99
Triple Jump	13.68m	Claudius Zorokong	@ R.I.T.	2/26/05
High Jump	1.98m	Michael Alleyne	@ Hamilton	3/03/84
Pole Vault	4.55m	Kyle Graham	@ Hamilton	2/13/05
Shot Put	15.83m	Tom Jasinski	@ Hamilton	3/08/80
35 Lb. Weight	15.31	Scott Fisher	@ Colgate	3/04/89
Pentathlon	3181 Pts.	Michael Alleyne	@ Hamilton	3/10/85