Packing List
46 Peak Weekend

*you can borrow this gear from HOC

**Clothing (Remember – COTTON KILLS)**
- Hiking boots
- 2 pair wool socks
- Synthetic long underwear – top and bottom
- Shorts (for hiking) – NOT COTTON!
- Rain gear (preferably jacket and pants)
- T-shirt – preferably not cotton
- Wool sweater or fleece jacket
- Winter hat (wool or fleece)
- Mittens or gloves
- Long pants – for around camp (preferably not cotton)
- Bandana – has many uses
- Gaiters (optional)

**Backpacking and Camping Gear**
- Internal/external frame backpack *
- Sleeping bag (that will keep you warm in 10-20° temps – NO COTTON) *
- Sleeping pad *
- Water bottles (minimum of 2-1 quart bottles, 2 quarts total)
- Bowl and/or insulated mug
- Eating utensils (spoon, fork, spork!)

**Group Gear (to be split up between group)**
- Map & Guide book pages (HOC will provide each group with a map and description of the trails to be hiked)
- Tent(s) *
- Groundcloth(s) *
- Cookset(s) *
- Stove(s) *
- Fuel bottle(s) *
- Food

**Safety/Personal Items**
- Whistle
- Lighter/waterproof matches
- Flashlight/headlamp * + extra batteries
- Swiss Army knife/Leatherchick
- Camera and Film
- Journal and writing utensil (optional)
- Basic First Aid Kit (bandaids, gauze pads, moleskin, athletic tape, aspirin) (* HOC has a few of these)